

# Carmines

la trattoria

## Sandwiches

All Sandwiches Served on Toasted Ciabatta with Potato Salad

- 'The Carmine'** 13  
Ham, Genoa Salami, Capicola, Pepperoni, Provolone, Lettuce, Tomato, Red Onion, Oil & Vinegar
- 'The Anthony'** 13  
Black Forest Ham, Warm Brie, Honey Mustard & Fresh Basil
- 'The Godfather'** 13  
Parma Prosciutto, Fresh Mozzarella, Arugula, Tomato, Roasted Red Peppers, Oli & Vinegar
- 'The Giardini'** 13  
Arugula, Roasted Red Peppers, Lettuce, Tomato, Fresh Mozzarella, Oil & Vinegar
- 'The Italian'** 13  
Hot Sopressata, Finocchiona, Roasted Artichoke Puree, & Eggplant
- Turkey Sandwich** 13  
Turkey, Asparagus, Roasted Bell Peppers & Smoked Mozzarella
- Salmon Sandwich** 15  
Fresh Grilled Salmon Fillet, Arugula, Goat Cheese, Roasted Bell Peppers & Mayo

## Burgers & Wraps

served on a wrap with gourmet potato salad

- Kobe Burger** 19  
Kobe Beef Burger, Lettuce, Tomato, Onion, Toasted Brioche Bun, Truffle French Fries
- Hamburger** 16  
Traditional Sirloin Burger, Lettuce, Tomato, Onion, Toasted Brioche Bun, French Fries
- Chicken Avocado Wrap** 14  
Grilled Chicken, Avocado, Red Onion, Mixed Greens, Fresh Mozzarella & Balsamic Dressing
- Vegetarian Wrap** 14  
Roasted Vegetables, Feta Cheese & Balsamic Dressing, Mixed Greens
- Blackened Dolphin Wrap** 14  
Blackened Dolphin, Red Onions, Mixed Greens, Avocado, Tarter Sauce
- Red Pepper Wrap** 14  
Roasted Red Peppers, Goat Cheese, Spinach & Balsamic Dressing

## Soups

- Maine Lobster Bisque** 18
- Pasta Fagioli** 11
- Italian Wedding** 11
- Zuppa di Lenticchie Umbria** 11
- Zuppa Del Giorno** 11

# Lunch

Served from 11am-4pm

## Lunch Pastas

- Penne Alla Caprese** 14  
Tossed with Garlic, Fresh Tomato, Basil & Fresh Mozzarella
- Linguine Alle Vongole** 15  
Clams, Garlic White Wine, Olive Oil & Red Pepper Flakes, Parsley
- Spaghetti Bolognese** 14  
Traditional Meat Sauce
- Pappardelle Al Filetto** 16  
House Made Pappardelle, Filet Mignon Tips, Wild Mushrooms, Red Wine Reduction
- Rigatoni Alla Vodka** 14  
Tossed with Onions, Prosciutto, Fresh Tomato in a Vodka Cream Sauce
- Risotto Con Salsiccia** 15  
Imported Carnaroli Rice, Garlic, Italian Sausage, Arugula & Saffron
- Lasagna Alla Bolognese** 15  
Traditional Meat Lasagna, Tomato Sauce, Bechamel & Melted Mozzarella

## Lunch Salads

Add Salmon \$8, Dolphin \$11, Steak \$10, Chicken \$8, Shrimp \$10 Grilled, Blackened or Sautéed

- Della Casa** 9  
Mixed Baby Lettuce, Grape Tomatoes, Red Onion, Carrots, Radish, Balsamic Vinaigrette
- Cesare** 10  
Romaine Hearts, Focaccia Croutons, Shaved Reggiano Parmesan, House Made Caesar Dressing
- La Nostra** 10  
Arugula, Roasted Red Peppers, Hearts of Palm, Artichokes, Avocado, Shaved Parmesan Cheese & Balsamic Vinaigrette
- Insalata Arcobaleno** 11  
Frisee Lettuce, Radicchio, Belgian Endive, Baby Arugula, Toasted Walnuts, Sun Dried Tomatoes, Dried Apricot, Crumbled Goat Cheese & Lemon Dijon Vinaigrette
- Barbabietole** 10  
Roasted Red Beets, Spinach, Raddichio, Hearts Of Palm, Warm Goat Cheese with Balsamic Vinaigrette
- BB & Gorgonzola** 11  
Boston Butter Lettuce, Pears, Walnuts, Gorgonzola Dolce & Gorgonzola Balsamic Dressing
- Insalata Nantucket** 10  
Boston & Red Leaf Lettuce, Red Onion, Crumbled Bleu Cheese, Toasted Pine Nuts & Maple Raspberry Vinaigrette

*Omelets*

Served Monday-Friday from 11am-2pm

*All omelets are served with roasted potatoes & fresh fruit*

<b>Omelette Di Verdura</b>	14
Roasted Peppers, Onions, Arugula, Fresh Tomatoes & Goat Cheese	
<b>Frittata Di Salsiccia</b>	14
Italian 'Round' Omelet with Sausage, Peppers, Potatoes & Onions	
<b>Omelette Di Quattro Formaggi</b>	13
Mozzarella, Provolone, Reggiano Parmesan, Goat Cheese	
<b>Omelette Di Spinaci</b>	13
Scallions & Fresh Spinach, Topped with Hollandaise Sauce	
<b>Omelette Cervellata</b>	13
Italian Cheese & Parsley Sausage, Scallions & Fresh Tomatoes	
<b>Omelette Al Funghi</b>	14
Porcini, Crimini & Shitake Mushrooms	
<b>Omelette Alla Fiorentina</b>	16
Spinach, Artichoke Hearts, Scallions & Provolone Cheese	
<b>Omelette Di Aragosta</b>	19
Fresh Maine Lobster, Spinach & Scallions	
<b>Omelette Di Granchio</b>	19
Jumbo Lump Crab Meat, Tomato, Basil & Artichoke Hearts	

*Eggs & More*

<b>Uova a Modo Tuo</b>	15
2 Eggs any style, Choice of Bacon, Cervellata Sausage or Canadian Bacon, Served with Roasted Potatoes	
<b>Uova Di Benedetto</b>	16
Two Poached Eggs, Canadian Bacon, Toasted English Muffin, Topped with Hollandaise Sauce, Served with Roasted Potatoes	
<b>Uova Con Olio Tartufato</b>	15
Scrambled Eggs with Black Truffle Oil, Roasted Potatoes	
<b>Piatto Di Salmone Affumicato</b>	15
Nova Smoked Salmon, Toasted Bagel, Capers, Onions & Cream Cheese	
<b>Continental Italiano</b>	15
Sliced Prosciutto, Soppresata & Provolone, Served with Sliced Melon	
<b>Fresh Fruit Plate</b>	SM 5 / LG 9
<b>Toasted Bagel or Fresh Baked Croissant</b>	3.95

*Beverages*

<b>Juice</b>	4
— Apple, Orange, Cranberry	
<b>American Coffee</b>	2.75
<b>Café Latte</b>	4.25
<b>Espresso</b>	3.25
<b>Cappuccino</b>	4.25
<b>Hot Tea</b>	2.50
<b>Iced Tea, Lemonade, Soda, Milk</b>	2.75
<b>Bottled Flat or Sparkling Water</b>	8
1 liter	